Care guidance and equipment flowchart: Pressure Ulcer Risk

**Preliminary Pressure Ulcer Risk Assessment (PPURA) outcome**

**Yes**
- Daily PPURA check

**No**
- If the answer is Yes to all statements daily PPURA check
- If the answer is No to any statement undertake a full pressure ulcer risk assessment and consider any other relevant assessment

**Full pressure ulcer risk assessment**

**Risk/grade**
- At risk
  - Grade 1 & 2 according to Scottish Adapted EPUAP grading tool
  - Higher risk
  - Grade 3 & 4 according to Scottish adapted EPUAP grading tool

**Care Bundle**
- SSKIN
  - S: skin inspection
  - S: surface
  - K: keep moving
  - I: incontinence
  - N: nutrition

**Points to consider**
- Individual's safety
- Individual's level of mobility within the bed/chair
- Individual's comfort
- Individual's weight
- Pressure area care needs are addressed at all times
- Local availability of equipment
- If in doubt seek specialist advice

**Equipment**
- **Mattress:**
  - Pressure reducing foam/visco elastic foam mattress
  - Static air filled mattress
  - Alternating air full mattress/overlay
  - Low air loss mattress
- **Cushion:**
  - Pressure reducing foam/visco elastic foam cushion
  - Static air filled cushion
  - Gel filled cushion
  - Dynamic cushion

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