Guidance for staff

Wednesday 13 May 2020

In today’s staff update we’re sharing more information as we receive it from Scottish Government, NHS Scotland and from your colleagues around HIS.

Today we’re updating on:

- Mental health and wellbeing support for staff
- International Day of the Nurse
- Video conferencing calls
- COVID-19 communication toolkit
- And finally...

Mental health and wellbeing support for staff

The Scottish Government has launched a “National Wellbeing Hub” for Scotland’s health and social care workforce, which will allow access to the wide range of support and wellbeing resources available in Scotland.

The Hub includes information which addresses the specific challenges health and social care staff are facing during COVID-19; information about the factors which affect emotional and psychological wellbeing; help for people to recognise their own “warning signs”; self-care resources for staff and their colleagues, along with advice on how self-care can be implemented in the current circumstances; information for friends, family and children who may have concerns about loved ones working in health and social care roles; and signposting to help and support that is available to health and social care staff and unpaid carers, nationally, locally and within their own organisations.

Our new Head of Organisational Development and Learning has been appointed as the HIS health and wellbeing champion, and now represents us on the national group led by Scottish Government. She is focusing just now on gaining an understanding of
how best we can promote health and wellbeing for individuals, teams and the wider community of HIS. One element of this is our survey which aims to find out how we are all adapting to new ways of working – how people are feeling, what’s going well, what could be better, and what can be done to help. The survey closes on Friday 15 May, so you still have time to participate.

https://www.smartsurvey.co.uk/s/X1SF7E/

International Day of the Nurse

12 May was International Day of the Nurse; a day that celebrates the contribution that nurses make to societies around the world. This year marks the bi-centenary of Florence Nightingale’s birthday, perhaps the world’s most famous nurse. As part of our celebration for International Day of the Nurse we are posting on social media the work nurses are doing across Scotland to support NHS Near Me, and our Director of NMAHP has written a message of thanks to our own nurses on The Source. Earlier this week, we published a blog by one of our staff who tells us how going back to the frontline has been a sort of homecoming, and a second blog, written by an Improvement Advisor, who has returned to work with previous team at the Beatson West of Scotland Cancer Centre, will be published tomorrow.

Video conferencing calls

We’re all now becoming familiar with MSTeams, Skype and WebEx as business tools that are helping us to stay connected to each other and to our stakeholders and partners. To ensure we all use the tools safely and securely we’ve produced two quick-read key point summaries. One focuses on video conference security and the other is about using MSTeams in compliance with our information governance and records management policies. Please familiarise yourself with the guidance – they’re available on the ICT and O365 MSTeams pages on The Source.

COVID-19 communication toolkit

It is essential that the people of Scotland receive the correct information, pathways of care and resources from NHS Scotland relating to the COVID-19 pandemic. To support this, NHS inform, in partnership with Health Protection Scotland, has created a range of materials that staff can use to communicate the latest clinically approved guidance to the public.
And finally...

Happy birthday to our Death Certification Review Service (DCRS) - 5 years old today!

Keeping up-to-date

As the guidance with which we’re all living our home and working lives is changing all the time, we’re keen not to inundate you with the same information over and over again. So, we’ve removed the ‘Keeping well’ section of the staff briefing and from now will just remind you to go to the Health Protection Scotland and NHS Inform websites for all of the current advice as and when you need them. You can also get the latest number of test results from the Scottish Government daily.

Safia Qureshi, Director of Evidence
Executive Team lead for COVID-19