Protocol for admission for young people (aged 12-17 years)

Assume that if admission is required then this will usually be to an adolescent inpatient unit.

Does the CYP meet criteria for admission to a CAMHS IPU bed?

Yes → Have you contacted the regional CAMHS IPU to see if a bed is available?

No → Reason:

Yes → Does the CYP need more specialist inpatient care?

No → Details, such as IPCU:

Make provision locally for management of CYP’s mental health needs.

Does the CYP meet criteria for admission to a CAMHS IPU bed?

Yes → Is a bed available?

No → Contact the other two adolescent IPUs. Admit if bed is available.

If no specialist bed available nationally, does the CYP meet prioritisation requirements for a CAMHS bed?

No → Can we make a bed available?

Options to consider:
1. Can any CYP on adolescent ward be managed appropriately in the community?
2. Can pass be used flexibly for other CYP on adolescent ward?
3. Can any CYP on adolescent ward be admitted to non-specialist bed appropriately? Can services provide minimum standards for them?

Yes → Can we make a bed available?

Reasons:
- Needs IPCU
- Forensic need
- Admission would take CYP far from family
- More harm to self or others if admitted to CAMHS ward
- Moderate to Severe Learning Disability
- Other (please give details):

Yes → Admit to adolescent inpatient unit

No → Admit to non-specialist adult or paediatric ward and ensure minimum standards are provided.